



PERSONAL LEADERSHIP PROGRAM

About the program

The Accelerate Personal Leadership Program (PLP) can be delivered one day per week over 8 weeks, or half day per week over a semester. It is designed for Year 10 students with a cohort of 18 to 20 participants, and can be hosted offsite without uniforms and with flexible breaks.

Delivered by two trainers through a licensed model, the Accelerate PLP includes access to professional development training and accreditation for your staff.

The program includes 32 practical tools that help students develop skills in wellbeing, resilience, enterprise, and leadership and is supported by online content and a student manual.

Additionally, throughout the program, students receive coaching (1:1 interviews) to develop and work towards their identified goals. They are then asked to reflect on program tools outside of the program hours, bringing these reflections back to the group discussions to support peer learning.

To ensure program success and support positive cultural change within your school, Youth Opportunities provides additional engagement activities for your school and local community, through webinars and workshops and online resources.

Interested in partnering with us? Please contact

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How the Program is delivered in your school

- Pre-Program: 40-minute information session plus 5-minute student selection interviews. Students choose to opt-in to the program based on identifying some personal goals after their interview.
- Week 1 - 8: 6.5 hours per day per week
- Post-Program: 1-hour graduation

How we support your school

- 2 day face-to-face Trainer accreditation and onboarding program
- Trainers access an online, self-paced train the trainer course
- Training manual provided for trainer
- Student workbooks for each student
- Access to the online resource library
- Weekly planning and debrief calls with your Youth Opportunities' Coordinator
- Additional coaching sessions for trainers
- All teaching and supporting resources necessary for promotion and delivery of the program
- Join a community of practice with other trainers

Your Commitment

Year 1:

Through the Emerging Priorities Program Youth Opportunities is able to offer the first year of the program including all training for your staff at no cost. However, school-based trainers need to commit approximately 10 hours per week (in total) for program preparation and delivery.

Year 2:

A licensing fee is assigned to each cohort after the first year. To ensure the program's success and sustainability, we will work with your school to seek donations and in-kind support for ongoing subsidised delivery.