

2019 Youth Opportunities Annual Report References

Almost 1 in 7 (13.9%) of children and adolescents aged 4–17 years were assessed as having mental health disorders in the previous 12 months. **Australian Institute of Health and Welfare, Mental Health Services in Brief 2019.**

In text citation for above source: (AIHW 2019, p.2)

Citation: Australian Institute of Health and Welfare (AIHW) 2019, Mental Health Services in Brief 2019, cat. no. HSE 228, AIHW, Canberra.

Suicide among young Australians (15–24 years) is at its highest level for ten years and is the leading cause of death for this age group.

[https://www1.health.gov.au/internet/main/publishing.nsf/content/4815673E283EC1B6CA2584000082EA7D/\\$File/FINAL%20National%20Action%20Plan%20for%20the%20Health%20of%20Children%20and%20Young%20People%202020-2030.pdf](https://www1.health.gov.au/internet/main/publishing.nsf/content/4815673E283EC1B6CA2584000082EA7D/$File/FINAL%20National%20Action%20Plan%20for%20the%20Health%20of%20Children%20and%20Young%20People%202020-2030.pdf)

In text citation for above source: (Australian Government Department of Health 2019, p.19)

Citation: Australian Government Department of Health 2019, National Action Plan for the Health of Children and Young People 2020–2030, Australian Government Department of Health, Canberra.

Self harm -Intentional self-harm cases

In 2016–17, among children aged 0–14, there were 1,300 hospital separations for intentional self-harm—a rate of 87 per 100,000 children. The vast majority of these cases (86.1%) were for girls (153.9 per 100,000; 23.6 for boys).

Between 2007–08 and 2012–13, cases of self-harm more than doubled, increasing from 32.6 per 100,000 to 77.3.

Following a small decrease in 2013–14 (to 68.7 per 100,000) the rate rose again to 87.0 2016–17. This increase was driven by an increase in the rate for girls.

<https://www.aihw.gov.au/reports/children-youth/australias-children/contents/health/injuries>

In text citation for above source: (AIHW 2019)

Citation: Australian Institute of Health and Welfare (AIHW) 2019, Australia's Children, cat. no. CWS 69, AIHW, Canberra.

Loneliness statistic - <https://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Social-connection/The-young-Australian-loneliness-survey-Report.pdf?la=en&hash=94F3B075524F419C67901C4E5741F2DF9D29BF2A>

In text citation for above source: (Lim et Al 2019)

Citation: Lim, M, Eres, R & Peck, C 2019, The Young Australian Loneliness Survey: Understanding Loneliness in Adolescence and Young Adulthood, The Iverson Health Innovation Research Institute and Centre for Mental Health, Swinburne University of Technology, Melbourne.

Poverty statistic - [The Australian Council of Social Service](#) has released '[disturbing](#)' data on the rate of poverty in Australia today.

In text citation for above source: (Dorsch et Al 2016)

Citation: Dorsch, P, Phillips, J & Crowe, C 2016, Poverty in Australia, Australian Council of Social Service, <www.acoss.org.au/>.