

# Recommended System Requirements

## Thrive Personal Leadership Program

Thrive uses Moodle as the LMS platform to deliver our program. The following system recommendations are for the best experience and to reduce the chances of loss of functionality.

To run Moodle effectively, you should, as a minimum, use the following system components. If you do not, Moodle may still work, but some functionality may be lost.

### Operating system

**Recommended: Windows 10, MacOS Big Sur, iPad OS 14**

It is not recommended to use older versions of operating systems that are out of support such as Windows XP, Vista or Windows 7.

### Internet speed

Use a broadband connection through USB wireless modem, ADSL2+, T1/T2, fibre optic or cable with the speed:

- Viewing lecture recordings or conferencing – at least 5MB/sec
- Viewing images and webpages – at least 2MB/sec

Dial-up access will be significantly slower, and we do not recommend it for using Moodle.

### Internet browsers

Compatible browsers include:

- Google Chrome 8x or later (recommended for optimal compatibility, this has been thoroughly tested on Windows)
- Safari 14 or later (recommended for optimal compatibility, this has been thoroughly tested on Mac)

Note that add-ons and toolbars can affect any browser's performance.

If you have any difficulty accessing UNSW Moodle, check that you are using one of the supported browsers above before you contact external support.

**MS Internet Explorer is not recommended** however if you experience problems accessing Moodle, visit [this page](#).

## Settings

We recommend that the following be enabled:

- Cookies
- Pop-ups (in both internet browser and security software)
- Javascript

## Plugins

Adobe will stop distributing and updating Flash Player after 31 December 2020 (“EOL date”). We recommend that all users uninstall Flash Player before the EOL date.

We recommend HTML5 as viable alternatives for Flash content.

## Resource viewing

We recommend that you use the latest version of Adobe Acrobat Reader.

To view all the resources uploaded to Moodle, you will need to have Microsoft Office (Word, Excel, PowerPoint) or an equivalent (e.g. Open Office, Viewer) installed.

## Security

With all firewalls, ensure that you enable uploading of files.