

Youth Opportunities Theory of Change

At Youth Opportunities, we deliver personal leadership programs and wraparound services that are designed to support secondary students to take positive control of their lives - addressing society's key concerns of long-term and intergenerational unemployment, mental health challenges, high levels of welfare dependence, offending and social harm. All of our evidence-based programs are drawn from a range of theories including social learning theory, cognitive behaviour theory, motivation theory, and positive psychology.

