# Theory of Change

At Youth Opportunities, we deliver personal leadership programs and wraparound services that are designed to support secondary students to take positive control of their lives - addressing society's key concerns of long-term and intergenerational unemployment, mental health challenges, high levels of welfare dependence, offending and social harm. All of our evidence-based programs are drawn from a range of theories including social learning theory, cognitive behaviour theory, motivation theory, and positive psychology.

IF WE...

#### DELIVER EVIDENCE-BASED PERSONAL LEADERSHIP PROGRAMS THAT MEET INDIVIDUAL NEEDS BY:

Building social-emotional learning, enterprise skills, and improved psychological health of young people to thrive in education, work and life.









Universal Intervention delivered online

Targeted Intervention facilitated face-to-face

Targeted intervention delivered face-to-face

Intensive Intervention delivered face-to-face

Adaptive online program which can be delivered to large cohorts at scale

8-week licensed program providing targeted and early intervention, along with essential skill development Comprehensive two year personal leaders pathway aimed at young people requiring early intervention and sustained support over two years

for at risk youth requiring substantial intervention to re-engage with education and community

AND WHERE REQUIRED...

## ADDRESS ONGOING BARRIERS AND INEQUITIES MARGINALISED YOUNG PEOPLE FACE BY PROVIDING ACCESS TO WRAPAROUND SUPPORTS AND SERVICES



#### PROSPER Graduate Engagement

Provide access to two-years ongoing support including peer workshops and access to coaching for at risk youth.



#### Leaders & Alumni

Offer opportunities for young people to build their leadership capacity through participatory design and civic engagement activities.



#### PROSPER Scholarship Program

Provide access to financial scholarships for young people experiencing disadvantage in pursuit of their education and career goals.



## Community 360

Enable parents and caregivers to support the personal leadership of their young people through webinars and workshops.



### Community 360 Educator Connect

Support school communities and culture by delivering professional development opportunities for educators.

THIS WILL LEAD TO...

# FOUNDATION OUTCOMES Self determination and personal accountability

#### OUTCOMES

OUTCOMES					
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Enterprise skill development such as communication, critical thinking, problem solving	Raised aspirations with clearer goals for future	Increased motivation for school	Re-engagement with education	Engagement in further pathways for education and/or career	Improved education and career outcomes
Improved social skills	Increased connection and positive relationships	Young people as leaders of themselves and others	Improved school culture	More cohesive families	Positive social contribution through civic participation
Increased confidence	Increased self image	Increased optimism	Increased happiness	Improved wellbeing	Reduction in young people at high risk of developing a mental health disorder

AND ULTIMATELY

- Young people with Improved employability leading to the disruption of the cycle of disadvantage.
- Young people thriving in their own lives leading to stronger schools, families, and communities.
- · Young people with improved psychological health leading to a healthier Australia for all.